

STUDIO SAFETY PROTOCOL

We are looking forward to practicing with you in our beautiful studio! Please take a moment to familiarize yourself with our current studio etiquette below.

1. All students attending a class in person are required to be fully vaccinated. You will be asked to present proof of vaccination at your first class.
2. Masks that cover both nose and mouth will be required upon entering the studio and throughout yoga class.
3. Class size is limited to 10 students to allow for good social distancing.
4. Students will need to reserve a spot in class ahead of time through our website. We don't have a method at the studio to register people. Because of the limited class size, we request that you only make a reservation if you are certain you will attend class, out of respect for others who may want to attend the class.
5. If you are presenting symptoms of illness or even allergies, please stay home. (a cough, sneezing, runny nose, etc.) Even if you are fine, it will support other feelings comfortable and safe.
6. Doors will open 15 minutes before class and will close right at the start of class.
7. Our studio is equipped with medical grade air purifiers!
8. We welcome you to use our yoga mats and props! We have mats, blocks, garden pads (for knees), bolsters and chairs available (we don't currently have blankets available). We also have a scent free sanitizer that you can use for your props. We encourage you to bring your own, it makes things simpler!
9. Used surfaces at the studio are wiped down daily (doorknobs, counter tops, bathrooms, sink).